



Kirsten R. Allen

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Practice Areas

-  Litigation, Trials & Appeals
-  Energy & Utilities
-  Environmental & Natural Resources
-  Real Estate
-  Business Transactions & Corporate Law
-  ERISA & Employee Benefits
-  Employment & Labor

Biography

Kirsten focuses her practice on representing businesses in employment related matters, both as a litigator and an advisor. Kirsten regularly provides advice to companies on matters involving contractual disputes, employment practices, policies, and procedures, including wage and hour issues, discipline and termination, layoffs, non-competes, compensation plans, trade secret protection and internal investigations.

Moreover, Kirsten has experience defending clients in employment litigation alleging violations of the Fair Labor Standards Act, Title VII of the Civil Rights Act of 1964, the Americans with Disabilities Act, the Age Discrimination in Employment Act, and the Family and Medical Leave Act. Kirsten devotes her efforts to solving client's complex issues in an effective and efficient manner.

Kirsten currently serves on the Board of the Young Lawyers Division of the Utah State Bar for the 2019-2020 term, works as a pro bono coordinator for the Utah State Bar, and enjoys recreating in Utah's great outdoors.

Professional

Admitted to Utah State Bar and U.S. District Court for the District of Utah, 2014
Law Clerk, Western Resource Advocates, 2012-2013
Summer Law Clerk, Fabian Clendenin, 2013
Research Assistant, Professor Lincoln Davies, 2013
Editorial Intern, Utah Historical Quarterly, Salt Lake City, Utah, January-June 2011

Education

J.D., S.J. Quinney College of Law, University of Utah, Salt Lake City, Utah
Graduation with High Honors, 3.758 GPA, top 20 percent
Note and Comment Editor, Utah Law Review, 2011-2014
CALI Award, Energy Law, Fall 2013
College of Law Outstanding Achievement Award, Torts, Fall 2011, Constitutional Law I, Spring 2012, American Healthcare Systems, Spring 2013, Employment Law, 2014
Leary Scholar, 2011-2012
National Moot Court Team, 2013-2014, Third Place, Regional Competition 2013; Semifinalist, Moot Court 2013
Touro Law School, India, June 2012
B.A., History and International Studies, Magna Cum Laude, Minor in Spanish, University of Utah, Salt Lake City, Utah, May 2011
3.9 GPA, Honors Certificate
Full Tuition Academic Scholarship, 2007-2011
President, Phi Alpha Theta (Historical Honors Society), 2010-2011
University of Kiel, Kiel, Germany, July-August 2010
University of Granada, Granada, Spain, August-December, 2008

Publications & Presentations

Publication, Coauthor, Feed-in Tariffs in Turmoil, 116 W. VA. L. REV. 937 (2014)
Publication, The Denver and Rio Grande Depot: 1910-2010, 78.3 UTAH HISTORICAL QUARTERLY 218 (2010)
Presentation, "A Young Historian's Encounter with the Denver and Rio Grande Depot." Utah State Annual History Conference (2010)

Community Service

Teacher, English as a Second Language, English Skills Learning Center, 2011

Volunteer, Big Brothers Big Sisters of Utah, December 2008, July 2011